Clinical Applications of Evidence-Based Family Interventions
Jacqueline Corcoran

This book reviews the evidence-based treatments relevant to family treatment in human services and social services settings. It addresses some of the main reasons families are seen in mental health and social service settings: child maltreatment, intimate partner violence, attention-deficit hyperactivity disorder, conduct problems, substance use disorders, schizophrenia, depression, and dementia. For each problem area, a detailed case study provides step-by-step guidelines on how the evidence-based theory can be applied in practice. Interventions include psychoeducation, behavioral parent training, solution-focused therapy, cognitive-behavioral treatment, structural family therapy, and multisystemic treatment.

Model Research Programs
Harriet P. Lefley

This chapter describes in detail the format, structure, and content areas of some of the major family psychoeducation (FPE) studies. Single and multi-family models and other adaptations are discussed. Initial research in the UK focused on reducing high expressed emotion (EE), but subsequently FPE was extended to low EE families as well based on families' self-assessed needs and problems. Seminal programs in the US evolved in Pittsburgh, California, and New York State. In Europe, the Optimal Treatment Project of Ian Falloon and associates continues as an international collaborative group to promote the routine use of evidence-based practices (EBPs) for schizophrenia in clinical facilities, including...
FPE. Large sample studies indicate the efficacy of these bundled optimal treatments. Miklowitz and Goldstein's Family Focused Treatment for bipolar disorder is described. A final section on long-term effects ranging from seven-year to eleven-year follow-ups, in Germany, the UK, and Italy, showed positive effects.

**Introduction**

Jacqueline Corcoran

in Clinical Applications of Evidence-Based Family Interventions

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This book covers the family treatment practice theories that have begun to develop an evidence basis to support them. It not only reviews the research evidence to support these theories, but most importantly delineates how to implement them with problems that human service and mental health practitioners commonly see in today's practice settings. Theories discussed include psychoeducation, behavioral therapy, cognitive-behavioral therapy, solution-focused therapy, structural family therapy, and multisystemic therapy. The organization of the book is developmental stage (childhood, adolescence, adulthood, and older adulthood) and type of presenting problem (social problems and mental health disorders).