Summary and Conclusions
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This chapter presents conclusions from the Seattle Longitudinal Study. The lessons learned are reviewed in the context of the five questions considered in this book regarding the life course of intellectual competence, and the conclusions reached from interventions in the normal course of adult cognitive development are discussed. The findings from studies designed to learn more about adult cognition in a developmental behavior, genetic, and/or family context are described, along with findings from extensions into identifying the genetic and environmental influences that shape adult intellectual development. The chapter ends by providing information on how to access certain limited data sets from the SLS that are being made available for use by qualified researchers and college teachers for secondary analyses or instructional purposes.